

CYCLING FREAKS



MORE THAN A RIDE!!!

Nautreni Secondary school, Rogovka, Latvia

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflect the views only of the authors, and the Commission cannot be held responsibility for any use which may be made of the information contained therein.

Contacts

- ▶ Adrese: Nautrēnu vidusskola, Rogovka, Latvia, LV-4652
- ▶ Phone: + 37166446890
- ▶ Fax:+37166446890
- ▶ **Website:** <http://cyclingfreakslv.1s.lv>
- ▶ Email: cyclingfreakslv@inbox.lv
- ▶ Registration number:1001468
- ▶ Unigue registration code:SI20010468
- ▶ Bank account: SI56300104680600307

The vision of the company

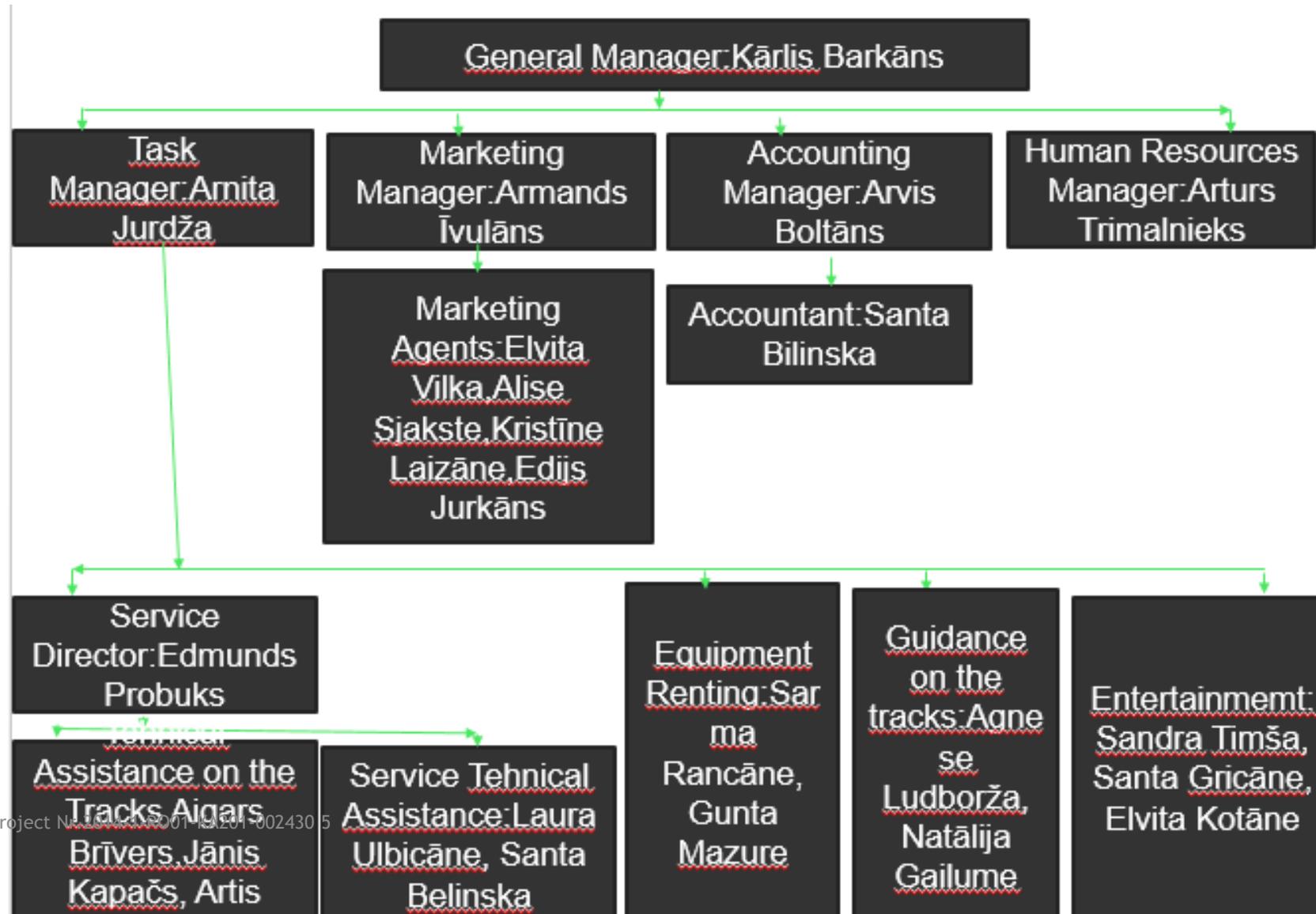
Our vision of the company is to create and maintain the most useful and innovative cycling enterprise, to offer a wide possibility for country inhabitants as well as for the visitors providing the cycling routes, guided sightseeing and focusing on local masters' workshops and entertainment.

Description of the company

The company was founded as a result of the Erasmus+, project "Get on your bikes, Europe's back in business!" as a multinational company, with agencies in schools that are partners in the project



Chart



Equipment of the company

- ▶ 20 bikes for adults
- ▶ 20 knee and elbow protectors



Equipment of the company



- reflective vests: 30 green, 30 yellow, 30 orange
- service

Equipment of the company

- ▶ 20 pairs of gloves



- ▶ 20 protection helmets



Services

- ▶ We offer a wide range of services to apply customers who need bikes and enjoy their cycling. The services are the following:
- ▶ Rent a bike,
- ▶ Cycling equipment rent (helmets, gloves, safety vests, protectors, raincoats, glasses),
- ▶ Bicycle maintenance service,
- ▶ Bike cleaning, waxing,
- ▶ Guidance on the adventure track,
- ▶ Technical assistance on the adventure tracks.



Offers

- ▶ We provide attractive and varied offers in order to involve many volunteers of all ages to diversify their life by practising cycling.
- ▶ **1. Offer package for groups-** group of minimum 6 persons. The package includes:
 - ▶ Rent a bike,
 - ▶ Helmet,
 - ▶ Gloves,
 - ▶ Bicycle mechanic,
 - ▶ Guidance.
 - ▶ Price: 20 euros per day,
 - ▶ students - 10 euros



Offers

- 2. Offer package for families with children- group of minimum- 3 persons
 - Package includes the same as the first, plus:
 - Rent a bike for adults,
 - Rent a bike for children,
 - For small children- a bicycle seat
- Price: 15 euros per day

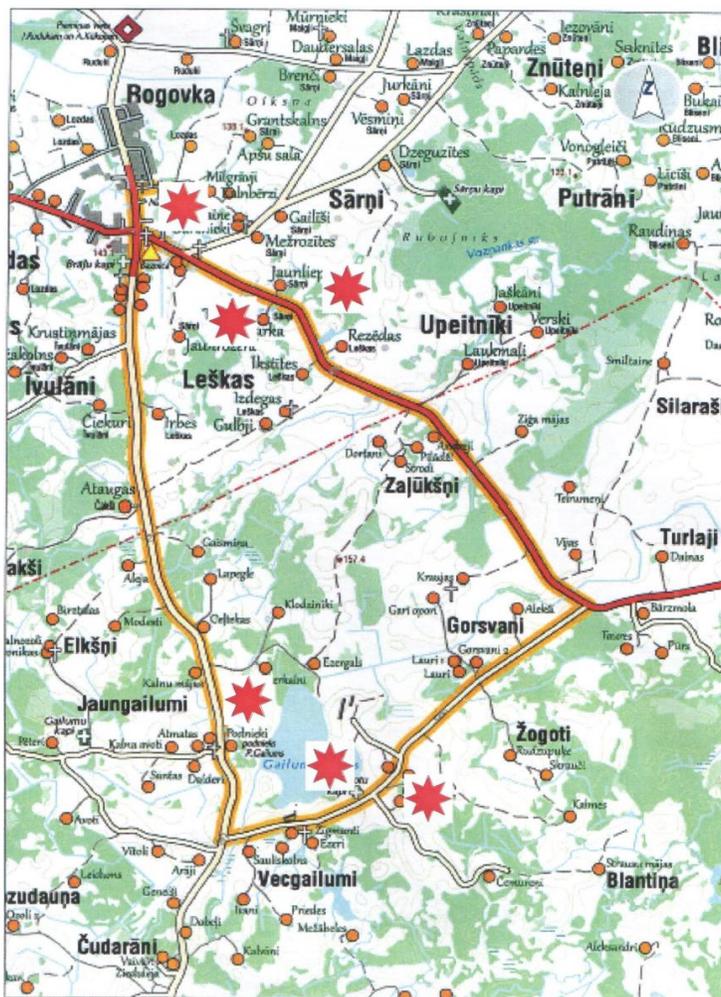


Offers

- ▶ **3. Adventure trail- Rogovka Bow-** group of minimum 8 persons
- ▶ Package includes the same offers as the previous, plus:
- ▶ Pottery workshop,
- ▶ Volleyball,
- ▶ Fishing,
- ▶ Horse riding,
- ▶ Competitive/interactive games.



Adventure track “Rogovka Bow”



Tracks - Ludza Small lake and Ludza centre

Discover Ludza!

The value of the historical centre of Ludza are its streets around the castle hill and wooden architecture with peculiar architectonic details. One- and two-storey wooden houses with fine carved shutters, original gates and oak doors, red brick buildings and ruins of the Livonian castle as a the centre of the landscape this is architecture of the historical centre of Ludza, one of the 5 town construction monuments in Latvia. We offer our guests to see the old town cultural values, to know about its history and people, using the walking route "Discover Ludza". Follow signs the town symbol 50 keys in the pavements and you will feel charm of the town and presence of history: you will hear the legend about the drowned princess Lūcija and the story about the big fire of 1938. You will enjoy the panorama of the old town and lakes from the castle hill. It is worth visiting the town park close to the old town.

LEGEND

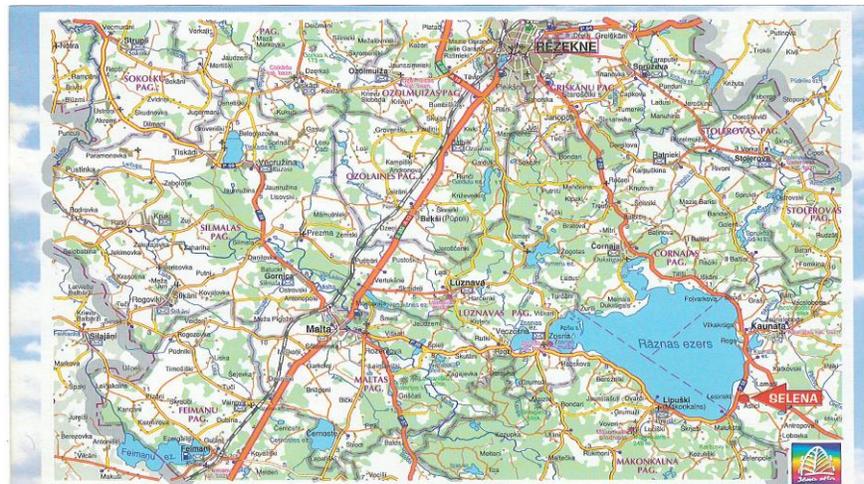
<ul style="list-style-type: none"> 1 Ruins of the Livonian Order's castle 2 Karmickis' Chapel and bell tower 3 Statue of the Queen of Māra's Land 4 Ludza Roman Catholic Church 5 17th-18th century's Latgalian burial place Odukalns burial ground 6 Ludza Old-Believers' Church 7 Synagogue 8 Ludza History Museum 	<ul style="list-style-type: none"> 9 Monument in memory of artisans killed during the WWII 10 Stela with Ludza inhabitants' names, who were killed during the WWII 11 Monument in memory of killed defenders of the motherland "Sorrowful Mother" 12 Stela with names of the Soviet Army's military units 13 Stone devoted to the 800th anniversary of Ludza Town 14 Stone in memory of the Jews, who were killed in 1941 15 Memorial stone devoted to Kz.Barons' 150th birthday 16 First library. First print shop 17 Farmer Market square 	<ul style="list-style-type: none"> TIC Tourism information centre LAC Ludza Craftsmen Centre M Municipality Ch Church Museum Castle ruins Monument, memory stone Park 	<ul style="list-style-type: none"> Point for viewing around Fire-brigade Medical services Concert hall, cinema Library Bank Accommodation Cafes 	<ul style="list-style-type: none"> Post-office WC Bus station Garage, car repair Parking Taxi 	<ul style="list-style-type: none"> Swimming place Active leisure Tourist route by raft Biking route Pedestrian route "Discover Ludza"
--	--	---	---	---	---

Ludza Tourism Information centre,
 Baznīcā gā. 42, Ludza, LV-5701,
 T. +371 65707203, +371 29487925,
 tio@ludza.lv, ligakondrate@inbox.lv

www.ludza.lv, turisms.ludza.lv
www.pierobeza.lv

Discover Ludza!
 Start from Ludzas' TIC, Baznīcā str. 42, +371 657072
 We offer walking tour on old city, excursion and works excursion in History museum, dinner of Latgalian food

Track- Kaunata-The Razna Lake



KEMPINGS "SELENA 2003"

Astici, Kaunatas pagasts, Rēzeknes rajons, Latvija, LV 4622
T. +371 26554137, +371 29179338, fakss +371 634404
www.selenal.lv, e-mail: office@selenal.lv

Kempinga teritorijā atrodas:

- labiekārtots viesību nams ar banketzāli un aprīkotu virtuvi, 12 + 4 gultasvietas
- 1 vienstāvu un 3 divstāvu mājiņas (TV, VIASAT, ledusskapis, trauki). WC, duša kempinga teritorijā.
- 4 koka teltis ar matraciem uz grīdas
- bērnu spēļu laukums, volejbola laukums, labiekārtota ugunsкура vieta, teltis un traileru vietas, āra DC, duša, divi dīķi

Piedāvā:

Maijs - septembris 54 vietas
Oktobris - aprīlis 25 vietas

Noma:

Teltis - 10, velosipēdi - 19, guļammaisi -10, koka laivas - 2, gultas veļas komplekti, badmintons, grils un iesmi.



Prices

- ▶ In order to stimulate our customers, we try to maintain a balance between variety and affordability
- ▶ 1. bicycle- 10 euros/day
- ▶ 2. helmet- 3 euros/day
- ▶ 3.gloves- 1 euros/day
- ▶ 4.protectors- 3 euros/day
- ▶ 5.raincoats- 1 euros/day
- ▶ 6.safety vests- 3 euros/day
- ▶ 7.child bike seat- 5 euros/day
- ▶ Adventure trail- 15 euros/day
- ▶ Tourist guide- 15 euros/day

Order form



Preču pavadzīme

Preču nosūtītājs:

Izrakstīšanas datums:

Juridiskā adrese:

Norēķinu rekvizīti:

Preču izsniegšanas vieta:

Maksātājs:

Juridiskā adrese:

Norēķinu rekvizīti:

Apmaksas veids un kārtība

Preču nosaukums	Mērvienība	Daudzums	Cena	Summa

Kopā izsniegts:

PVN:

Pavisam atmaksai:

Izsniedza (vārds, uzvārds, datums):

Saņēma:



Adrese: Nautrēnu vidusskola, Rogovka, Latvia, LV-4652

Phone: + 37166446890

Fax: +37166446890

Website: <http://cyclingfreakslv.1s.lv>

E-mail: cyclingfreakslv@inbox.lv

Registration number:1001468

Unigue registration code:SI20010468

Bank account: SI56300104680600307